

PURE BLUE SPA



THE ROYAL BLUE
RESORT & SPA CRETE



LOCAL INGREDIENTS & MODERN
SKIN CARE SCIENCE
ON HOLISTIC INSPIRED SPA TREATMENTS

The perfect combination to touch the body, heal the mind and calm the spirit.

PURE BLUE SPA

We invite you to discover our spa facilities and services

ESCAPE TO A WORLD OF SERENITY AND HARMONY....

The Pure Blue Spa is the ultimate place to relax the mind, renew the body and revive the soul.

With the power of local ingredients from an Award-winning Greek spa brand Ariadne Athens and modern skin care science from renowned brand Dermalogica, the source of healing and healthy ageing, we offer you a diverse range of holistic treatments to suit all your needs.

ARIADNE

"Award winning spa brand Ariadne Athens have set high standards and is off to launch your senses to a newfound level of delight."

Proposes bespoke therapies aligned with a unique destination and inspired by its natural elements. Local ingredients are utilized seamlessly, connecting each destination's native and organic elements with the latest techniques in cosmetology. Merging unique bio-actives with natural and rare, organic Greek & Mediterranean ingredients, aspires to provide the ultimate skin care experience.

DERMALOGICA

At Dermalogica, we create highly customized regimens and services for every individual, because we know that no two skin conditions are the same.

Our products work best when they are recommended by a professional skin therapist for your unique skin. Whatever your lifestyle, background or environment, rest assured that Dermalogica will work for you.

Our team of high skilled therapists will help you to find the most suitable therapies by using high quality products and local elements from the Greek land.
Calming your senses through the world of tranquility,
in The Spa at the Royal Blue.

THALASSOTHERAPY POOL

Thalassotherapy [25 min. 30€]
Children under 16 years are welcome
between 10:30 – 13:30h [25 min. 15€]

"Sanus per Aquam"

The term "SPA" is a shortening of the Latin expression "sanus per aquam", which means "healthy by water". Thalassotherapy can prove beneficial in diseases of the cardiovascular system, respiratory problems and dermatological conditions such as psoriasis and eczema.

Relaxation, pain relief, improvement of physical health and mental wellbeing are just some of the benefits of thalassotherapy.

THE ROYAL BLUE RITUALS

MINOAN PRINCE & PRINCESS SIGNATURE RITUAL

Body Scrub, Face & Body Mask, Massage with Pouches, Body Butter.

Let us make you feel like a real Prince or Princess. Indulge in the genuine earthy notes of Greece, luxuriate in the benefits of rare herbs, relax in the velvet textures that cover your skin, as each step of this treatment imbue your senses in a world of opulence. The treatment includes an exfoliation with olive and roses, followed by the application of a rich body mask, containing a refreshing cocktail rich in organic honey, which contributes to the hydration, regeneration and tightening of the skin. The relaxing head to toe massage with warm pouches that complements the treatment with aromas of clary sage, honey and rosemary, literally endows an experience designed for royals.

[120 min. 180€ per person]

COUPLES' ROYAL RITUAL

Salt room, private use of double cabin with Sauna or Steam room, body scrub, Candle massage, Mini facial.

This luxury package for couples' celebrations includes the 30-minute private use of the salt room and Sauna or Steam room combined with 2 glasses of Prosecco and dry fruits. Followed by a full body 50 minutes Candle massage for two, for an aromatherapy relaxing experience. The ritual ends with a 20 minutes Mini facial hydration treatment by Ariadne based on guests needs, for an absolute holistic pampering.

[150 min. 340€]

SKIN CARE THERAPIES

FACIAL BEAUTY TREATMENTS BY ARIADNE

“MELI” FACE HYDRATION

[60 min. 110€]

A highly rejuvenating and ultimately hydrating experience dedicated to the richness of local flavors and aromas, such as sage, honey and other nourishing elements that instantly restore your skin's hydration levels. Allow yourself to experience the soothing effect of rosewater intertwining with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Soothing apricot oil envelops skin with anti-ageing benefits.

RHODON ANTI-AGEING FACE TREATMENT BY ARIADNE

[75 min. 135€]

The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect. Specifically designed to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Serifos mask with a velvet feel, rich in Aquamarine and Moonstone extracts offers instant repair and elasticity. The mask that follows, rich in flavonoids and vitamin C, enhances microcirculation and protects the skin from free radicals. Rose Quartz Crystals contribute to the specially designed facial massage, focusing on minimizing fine lines and wrinkles.



DERMALOGICA SKIN CARE TREATMENTS

DERMALOGICA PRO CALM SKIN TREATMENT	[60 min. 120€]
-------------------------------------	----------------

Soothe and strengthen sensitive skin. Soothing botanical actives provide relief while lymphatic drainage and pressure point massage help calm a stressed nervous system. This targeted treatment helps hydrate, balance and restore the skin barrier for reduced sensitivity and calmer skin.

DERMALOGICA PRO BRIGHT SKIN TREATMENT	[60 min. 130€]
---------------------------------------	----------------

Fade dark spots and reveal brighter skin. This high-intensity treatment combines a brightening peel with electric infusion of professional-grade Vitamin C, Niacinamide and Hexylresorcinol – addressing all pigmentation concerns.

ADD ONS RECOMMENDATIONS Choose any of our facial treatments and add:

FEET MASSAGE	[30 min. 40€]
--------------	---------------

A relaxing foot massage ritual that promises to relief tired, swollen feet

LIGHT LEGS RELIEF TREATMENT	[30 min. 40€]
-----------------------------	---------------

Refreshing notes of spearmint mingle with the velvet texture of sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. Potent red grape blends with local herbs in a rich in antioxidants, gel mask that nourishes and renews the skin. A pampering massage experience using the moisturizing properties of coconut oil to deeply hydrate. Finally, a calming yogurt powder mixed with the gel mask offers ultimate comfort for tired legs.

THE MESSAGES

CANDLE AROMATHERAPY MYSTIFYING MASSAGE

Indulge your senses in a mystifying massage ritual that will entice your mind, body and soul. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. An outstanding, sacramental experience of aromatherapy, relaxation and rejuvenation that promotes bliss, balance and well-being.

[60 min. 110€]

[90 min. 155€]

PREGNANCY MASSAGE

A soft pressure massage with a specific technique to aid and comfort pregnant women with back pain and heavy legs. This treatment focuses on the special needs of the mother-to-be as her body goes through the changes of pregnancy.

[50 min. 100€]



THE ROYAL COLLECTION

Signature Massages by BioAROMA

A sensory wellness journey through Greek local herbs and oils to a deeply relaxing, detoxifying and balancing pathways brought to restore and reset. Developed to promote inner beauty and healing, restores the body and mind to a state of harmony. It is recommended for all skin types and moods. Active natural ingredients promoting inner healing process and brings self-care and restoration.

If you are feeling or experiencing:

Stressed | Anxious | Unable to switch off | Jet lag | Insomnia | Back pain | Low energy

Choose one of the following massage rituals.

Consult our therapists to personalize your treatment.

DETOX MASSAGE

A detoxifying massage that restores harmony to the body and clears the mind.

By concentrating on lymphatic drainage techniques, it manipulates lymph nodes and lymphatic vessels to increase their activity and promote the flow of lymph. We utilize a combination of olive oil, sesame oil and almond oil to enhance application and a blend of pure natural essential from the land of Greece: dictamos, cyst, juniper, grapefruit, rosemary, mint, and lemon.

Benefits: removes toxins and detoxifying the body, aids lymphatic drainage, reducing swelling, eases muscle spasms.

[60 min. 110€]

[90 min. 155€]

RELAXING MASSAGE

A deeply relaxing massage that bring calmness in your mind and ease the stress levels of your body by implementing relaxing massage techniques to the whole body and a head massage we promote a feeling of "let it go" to reduce tiredness and improve sleep. We utilize a combination of olive oil, sesame oil and almond oil to enhance application and a blend of pure natural essential from the land of Greece: jasmine, rose, sandalwood, Ylang Ylang, lavender, chamomile, bergamot.

Benefits: eases muscular tension, removes headaches, balancing vital energy.

[60 min. 110€]

[90 min. 155€]

BALANCING MASSAGE

A blissful massage ritual ideal for people who feeling physically or emotionally exhausted. The use of rhythmic massage techniques eases muscular tension, imbuing a sense of complete restoration. We utilize a combination of olive oil, sesame oil and almond oil to enhance application and a blend of pure natural essential from the land of Greece: rosemary, diosmus, dictamos, lavender, sage, eucalyptus, lemon.

Benefits: relieves exhaustion, stress, and chronic fatigues, balances the energy body and emotions.

[60 min. 110€]

[90 min. 155€]

ADD ONS RECOMMENDATIONS Choose any of our facial treatments and add:

RADIANCE FACE

[30 min. 50€]

A short duration treatment comprises of cleansing, exfoliation, and application of a mask, toner, and moisturizer. Purifies the surface by removing toxins caused by dirt and pollution, removes a dead coat that clogs the pores and scrubs the skin for a brighter appearance.

DERMALOGICA PRO EYE LASH SKIN TREATMENT

[30 min. 60€]

Powerful treatment that helps tone, smooth and brighten the eye contour through intense stimulation and infusion of botanical actives.

BRIGHT & POLISHED SCRUB

[30 min. 40€]

A full body exfoliation treatment, fast and invigorating, with the luxuriant captivating aromas of jasmine and gardenia. Delicate white sugar crystals softly remove dead skin cells, while promoting body circulation. As a result, the body's skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look. At the end, the delicate scented jasmine and gardenia body butter seals in all the moisture and nourishment.

MULTI VITAMIN BODY WRAP

[30 min. 60€]

The invigorating multi vitamin Corfu mask offers the skin antioxidants, vitamins and protection while nourishing the skin in depth. The coconut body butter that completes the treatment enhances the mask's effect leaving the skin soft and supple.

SALT CAVE EXPERIENCE

[25 min. 30€]

In our Salt Cave you will totally relax and inhale the dry salt-enriched air deep down into their lungs which clean, promote better breathing, healthier skin, good sleep, improve physical fitness and overall wellness.

KIDS MENU

LITTLE PRINCESS MASSAGE

[30 min. 40€]

Let your little one feel like a real princess after this special designed full body massage with a secret sparkle

LITTLE HERO MASSAGE

[30 min. 40€]

Your little hero deserves the very best, so we designed a full body massage for him full of sweetness

MINI MANICURE OR MINI PEDICURE

[20€]

Even little feet or hands need some pampering. A choice of a manicure or pedicure includes a bubbly hand or foot soak, nail trimming, cream-mask and polish for the ladies.

MOTHER OR DADDY & ME

[150€ for 1 parent & 1 child] [210€ Family Package]

The time together is very precious. A spa package is the perfect date between mother or father and the child. This unique spa package includes a full body Aromatherapy massage for the parents and for the children a mini massage, mini facial treatment & manicure or pedicure.



NAIL STUDIO

Nail Polish	25€
Manicure Simple Polish	45€
Manicure Permanent Polish	55€
Manicure Strong Base	65€
Spa Manicure	55€
Pedicure Simple Polish	45€
Pedicure Permanent	55€
Spa Pedicure	65€
Remove permanent Nail Polish	15€
Remove Extensions	20€
Acrygel Strengthening	80€
Acrygel Extension	95€

WAXING

Full Leg	55€
Half Leg	40€
Full Arm	30€
Half Arm	20€
Under Arm	20€
Bikini Line	30€
Upper Lip & Chin	20€
Full Back Area Male	55€
Eyebrow Shape	20€

HAIR SALON SERVICES

Woman's Haircut	40€
Men's Haircut	30€
Coiffure for short hair	40€
Coiffure for medium hair	45€
Coiffure for long hair	50€
Special coiffure	70€
Bride's coiffure	250€
Coloring short hair	45€
Coloring medium hair	50€
Coloring long hair	60€

Coloring Root	40€
Reflet short hair	30€
Reflet medium hair	35€
Reflet long hair	40€
Streaks short hair	65€
Streaks medium hair	80€
Streaks long hair	100€
Treatment for Xeroderma	25€
Nutrition Mask	25€
Shine & Hydration Therapy	35€



SPA ETIQUETTE

We care for your safety! The Spa safety is essential for the health of us all.

The PURE BLUE SPA is ready to welcome you with all the necessary health protocols and a fully trained staff at your disposal. In order to ensure you a safe, comfortable and relaxing spa experience we kindly request to follow our spa rules and all the hygiene measures for your better and safer relaxation.

Please respect the quiet and the privacy of other guests and do not use mobile phones and cameras.

Please try not to attend Spa facilities with personal valuables.

The hotel is not responsible for any loss or damage of your belongings.

HEALTH CONCERNS

Please inform us of any health conditions, allergies or injuries that could affect your treatments or use affect your treatments or use of the spa facilities.

RESERVATIONS

Advanced booking is highly recommended to ensure preferred times are available. Reservations can be made through the hotel's App or you may call the Spa Reception at 5050.

SPA EXPERIENCE

We recommend you to arrive minimum 20 minutes prior to your scheduled treatment that gives you time to check in, shower off, and let the relaxation begin. For your convenience, you can use the lockers in our changing rooms.

The spa will provide towels, bathrobes and slippers necessary for your treatment.

MOBILE PHONES & SMOKING

The use of mobile phones is not permitted in the Spa. Smoking is prohibited.

LATENESS & CANCELLATION POLICY

Please be aware that your late arrival will result in a reduction of your treatment time as a courtesy to our next guest.

We kindly request a minimum of 4 hours cancellation notice for a treatment otherwise we will regrettably have to charge a 50 % of your treatments.

MINIMUM AGE

The minimum age for spa treatments, use of the heat experience and fitness area is 16 years old and above. All children below 16 years need to be supervised by an adult.

GIFT CERTIFICATES

Our gift certificates make a wonderful present for any special occasion.

Please contact the spa reception for details.

HOURS OF OPERATION

Pure Blue Spa 10:30 – 19:00

Fitness Centre 07:30 – 21:30

Before and after the opening hours of the Spa, you may use the stairs or the elevator (Level 0) for using the gym.

DISINFECTION

All rooms and cabins are disinfected and ventilated before each treatment.

